

**Asociacija "Kūrybinės ateities idėjos"**

NGO from Lithuania "Creative Future Ideas" working with different youth and adult groups and organizations in non-formal education field. NGO trainers have big experience in using non-formal training methods in education, organizing seminars, conferences, events. NGO is open to all people who wish to participate actively in non-formal education activities, and provides a variety of opportunities to spend their leisure time, develop their creative abilities and knowledge of their profession in scientific, technological, artistic, sports, tourism sections.

Contact person: Silva Blažulionienė

E-mail: creatfutureideas@gmail.com

**Asociatia Everest**

The EVEREST Association is a non-profit association active since 2010 in the field of health education, health promotion, formal and non-formal education for youth and adults, We develop activities in social work with disadvantaged persons, children and elderly. We plan to develop research projects, awareness campaigns on high interest medical and social topics. We also implement activities for promoting and defending human rights and liberties, knowledge about civic participation and activism, environment and nature protection, supporting sports and youth activities.

Contact person: Adriana Tofănescu

E-mail: asociatia.everest@gmail.com

**Triskelion- Forening for anvendt forskning og kunnskapsmobilisering**

Triskelion was founded in 2015 in Stavanger, Norway and is an organisation that specialises in applied research and knowledge mobilisation in the fields of education, public health, youth work, psychology and medicine. Even though we are a young organisation, the staff members represent a wealth of experience in the above mentioned areas, and have participated in over 60 international projects and presented & facilitated at over 200 conferences & workshops worldwide. We are a non profit organisation.

Contact person: Thomas Nilsen

E-mail: thomas@nilsen.com

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everest.



TRISKELION



**CORRECT IT!**

Corrective VET international training  
for obesity prevention and healthy life style promotion



Co-funded by the  
Erasmus + Programme  
of the European Union

**CORRECTIVE VET INTERNATIONAL TRAINING FOR OBESITY  
PREVENTION AND HEALTHY LIFE STYLE PROMOTION - CORRECT IT!**

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**STRATEGIC PARTNERSHIPS FOR  
VOCATIONAL EDUCATION AND TRAINING ERASMUS+ PROJECT**

According to the EU Action Plan on Childhood Obesity 2014-2020, the proportion of the population in EU countries who are overweight or obese remains worryingly high for adults and for children and young people, despite action at the European level to reverse the rising trend (EU Action Plan on Childhood Obesity 2014-2020,p.2). The implications of overweight and obesity in the Europe are stark: the prevalence of obesity has more than tripled in many European countries since the 1980s and with this rise comes a concomitant increase in rates of associated non-communicable disease. The WHO's Childhood Obesity Surveillance around 1 in 3 children aged 6-9 years old were overweight or obese in 2010. This is a worrying increase estimates were 1 in 4. on 2008, when



CORRECT IT! will contribute to the eradication of this important global issue with the following outputs:

- a healthy lifestyle concept analysis and collection of good practices; a VET obesity prevention and healthy lifestyle curricula
- a tested platform and VET blended learning obesity prevention and healthy lifestyle training materials;
- a pool of trainers from the 5 countries;
- 424 trainees among the 3 target groups who will acquire knowledge, skills and tools to provide clear messages on healthy diets and nutrition, physical activity, prevention of obesity and metabolic diseases and nondiscriminatory behavior towards the obese or overweight persons.

The objective of the CORRECT IT! project is to contribute to the obesity prevention and promotion of a healthy lifestyle among target groups, patients, beneficiaries, children, teen agers, adults, public authorities, other stakeholders.

The long term expectation is to offer health professionals, teachers, social workers instruments and knowledge to address issues regarding malnutrition and discrimination, in order to prevent premature deaths and significantly reduce the burden of preventable diet-related noncommunicable diseases, obesity which are strongly influenced by lack of knowledge, awareness and care and have a profound negative impact on well-being

and quality of life

The direct target groups of the project will be nurses in schools & kindergartens, the community nurses, the nurses from primary medicine, nurse educators and other health professionals, VET teachers, social workers, psychologists, professions who have an important and educative impact on population.



**OAMGMAMR Iasi Branch (Romania) - Project coordinator**

The organization has more than 13,000 members – nurses, midwives and medical assistants, among which more than 8500 active members. The activity of the organization consists in the control and supervision of the of nurse and midwife professional practice. OAMGMAMR Iasi Branch organizes professional education events during which it encourages the professional exchange of experience and best practices in order to increase the professional competence of its members. The organization is also concerned about harmonization of the level of professional education and competences of nurses and midwives with the EU standards.

Contact person: Silvia Popovici  
E-mail: secretariat@oammr-iasi.ro

**The University of Foggia**

University of Foggia is a young and dynamic public university founded on 5th August 1999. Its main activities are higher education and research. One of its top priorities is the internationalization of academic researches and relationships. University of Foggia is characterized by teaching and research strictly connected with the territorial requirements, basic and applied research projects, international mobility and cooperation, educational consultancy, cultural events and Third Mission activities, aimed both at the economic valorization of scientific research and at the social, educational and cultural development.

Contact person: Luciano BENEDEUCE  
E-mail address: luciano.beneduce@unifg.it

**INSTITUTO POLITÉCNICO DE PORTALEGRE**

The Polytechnics Institute of Portalegre (IPP) is a higher education institution (University of Applied Sciences) that includes four Schools, involved in teaching, training, research and other activities in their respective scientific, pedagogic, technical and artistic scope. It offers short cycle, first cycle, and second cycle programmes, as well as post-graduation and continuous training programmes in the areas of education, culture, media, tourism, social work, business and administration, engineering, design, graphic arts, agriculture, horse studies, veterinary nursing, nursing, dental hygiene. IPP has about 2,500 students and 300 staff.

Contact person: António Casa Nova  
E-mail address: casanova@essp.pt

